

BIPOLAR DISORDER

ALSO KNOWN AS MANIC - DEPRESSIVE DISORDER



WHAT IT IS

BIPOLAR DISORDER IS A PSYCHIATRIC ILLNESS WHICH AFFECTS MOOD, THINKING THUS BEHAVIOR

60,000,000

BIPOLAR PEOPLE IN THE WORLD [WHO]



2% TO 5% OF THE POPULATION IS AFFECTED



THE BIPOLAR DISORDER IS NOT LIMITED TO AGE, SEX OR SOCIAL ORIGIN

THE CAUSES OF THE BIPOLAR DISORDER



PERMANENT STRESS



ACUTE STRESS



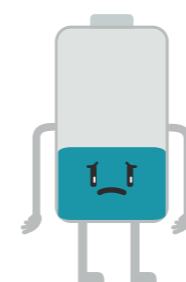
BIOLOGICAL FACTORS

EPIISODES

PEOPLE WITH BIPOLAR DISORDER LIVE BETWEEN THE EXTREMES OF



MANIA



DEPRESSION

Learn more at

 **BIPOLAR-ACADEMY**

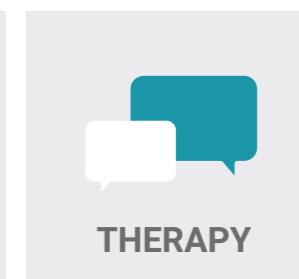
www.bipolar-academy.com

A NORMAL AND FULFILLED LIFE IS POSSIBLE!

THE VERY FIRST STEP IS TO ACCEPT THE ILLNESS AND FULLY COMMIT TO ITS TREATMENT.



MEDICATION



THERAPY



SELF-ENGAGEMENT



SOCIAL STIGMA

IT IS STILL A BARRIER TO CARE. ONLY 1/3 SEEK TREATMENT



DIAGNOSED BETWEEN
20-30
YEARS OF AGE

1,860 € MILLION

OF COSTS PER YEAR
IN EUROPE